



# ISLAS CANARIAS

## CUBAN EXPRESS

est. 1977

### AWARD-WINNING CROQUETAS

#### ISLAS CANARIAS CROQUETAS

OG Ham	\$ 1.99
OG Ham Gluten-Free*	\$ 2.07
Mojo Chicken	\$ 1.99
Smoked Fish	\$ 1.99
Jamon Serrano con Queso Manchego	\$ 2.99
Kimchee Mojo Pork (Spicy)	\$ 1.99
Buffalo Cauliflower (Vegetarian Spicy)	\$ 1.99
Traditional Croqueta Sampler (6)	\$ 11.99
(2 og ham, 2 mojo chicken, 2 smoked fish)	
Try Them All! (14)	\$ 28.99
(2 of each of our 7 croqueta flavors)	

#### PASTRIES

Guava	\$ 3.96
Cheese	\$ 3.96
Guava and Cheese	\$ 3.96
Lengüitas	\$ 1.75

#### EMPANADAS

Beef	\$ 4.09
Chicken	\$ 4.09
Ham and cheese	\$ 4.29
Spinach and cheese	\$ 4.29

#### TOSTONES PREPARADOS (3)

All topped with Pico de Gallo and Garlic Cilantro Aioli

Vaca Frita	\$ 11.89
Mix of three types of vaca frita (beef, chicken, lechón)	
Jack Fruit Ropa Vieja (Vegetarian)	\$ 12.89



### HANDHELDS

#### SANDWICHES

(served with potato sticks)

All on Cuban bread

Cuban Sandwich	\$ 13.49
Croqueta Preparada	\$ 14.49
Pan con Bistec	\$ 13.49
Pan con Lechon	\$ 12.49
Pan con Vaca Frita	\$ 14.99
Pan con Vaca Frita de Pollo	\$ 13.99
Pan con Croqueta	\$ 8.99
Grilled Chicken Sandwich	\$ 13.49
Tostada	\$ 2.99

#### CUBARRITOS

White rice, black beans, sweet plantains, garlic cilantro aioli, served with potato sticks.

Vaca Frita	\$ 15.49
Shredded pan fried flank steak, white rice, black beans, Garlic Cilantro Aioli, sweet plantains	
Chicken Vaca Frita	\$ 14.49
Shredded pan fried chicken, white rice, black beans, Garlic Cilantro Aioli, sweet plantains	
Lechon Vaca Frita	\$ 13.49
Shredded pan fried roast pork, white rice, black beans, Garlic Cilantro Aioli, sweet plantains	
Croqueta	\$ 12.49
Islas Canarias Ham Croquetas, white rice, black beans, Garlic Cilantro Aioli	
Jack Fruit Ropa Vieja	\$ 15.49
White rice, black beans, Garlic Cilantro Aioli, sweet plantains (vegetarian)	



\*Gluten-Free croquetas do not have a dedicated fryer.

## ISLAS BOWLS & SALADS

Regular \$ 12.99 | Large \$ 14.99

### CHOOSE YOUR BASE

- White Rice
- Congri (one side only)
- Brown Rice
- Mixed Greens

### CHOOSE YOUR PROTEIN

- Vaca Frita + \$2
- Chicken Vaca Frita
- Lechon Vaca Frita
- Picadillo
- Croquetas (2)
- Jack Fruit Ropa Vieja + \$2 (vegetarian)

### CHOOSE YOUR SIDES (2)

Extra side + \$ 1.50

- Black Beans
- Maduros (sweet plantains)
- Tostones (fried green plantains)
- Mariquitas (plantain chips)

### CHOOSE YOUR SAUCES (2)

Extra sauce + \$ 0.75

- Garlic Cilantro Aioli
- Aji Amarillo
- Volcan Canario (Spicy)
- Sweet Chili Aioli
- Garden Dressing
- Garden Dressing Vinaigrette

## CANARIAS KIDZ BOWLS \$10.99

### COFFEE

	REGULAR	LARGE
Colada	\$ 2.99	
Cortadito	\$ 3.07	
Iced Latte	\$ 4.99	
Café con Leche	\$ 3.99	4.99
Capuccino	\$ 3.99	4.99

### SHAKES AND JUICES (16 Oz)

Orange Juice	\$ 6.89
Watermelon Juice	\$ 6.89
Limonada Frappe	\$ 3.19
Mamey	\$ 6.99
Trigo	\$ 6.99
Mango	\$ 6.99

### DESSERT

Flan	\$ 5.99
Arroz con Leche	\$ 5.99
Natilla de Cafe	\$ 5.99
Flan de Calabaza (limited time only)	\$ 4.99

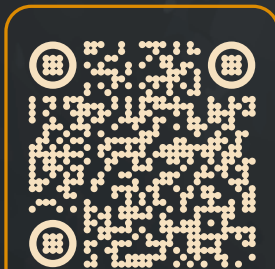
### DRINKS

Perrier	\$ 3.79
Bottled Water	\$ 1.99
Coca Cola	\$ 2.99
Diet Coke	\$ 2.99
Coke Zero	\$ 2.99
Pepsi	\$ 2.99
Jupina	\$ 2.99
Diet Materva	\$ 2.99
Diet Jupiña	\$ 2.99
Sprite	\$ 2.99
Materva	\$ 2.99
Ironbeer	\$ 2.99
Sunkist	\$ 2.99
Gatorade Yellow	\$ 3.49
Gatorade Red	\$ 3.49
Gatorade Orange	\$ 3.49

## CROQUETA COUNTY SHOP

Croqueta County T Shirt- \$25 | Croqueta County Hat- \$35

Full selection at [www.croquetacounty.com](http://www.croquetacounty.com)



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