



ISLAS CANARIAS

CUBAN EXPRESS

est. 1977



AWARD-WINNING CROQUETAS

ISLAS CANARIAS CROQUETAS

O.G. Ham	\$ 1.99
OG Ham Glluten-Free*	\$ 2.07
Mojo Chicken	\$ 1.99
Smoked Fish	\$ 1.99
Jamon Serrano con Queso Manchego	\$ 2.99
Kimchee Mojo Pork (Spicy)	\$ 1.99
Buffalo Cauliflower (Vegan Spicy)	\$ 1.99
Traditionall Corqueta Sampler (2 og ham, 2 mojo chicken, 2 smoked fish)	\$ 11.99
Speacialty Croqueta Sampler (6) (2 buffalo cauliflower, 2 kimchee mojo pork, 2 jamon serrano con queso manchego)	\$ 12.99
Try Them All! (14) (2 of each of our 7 croqueta flavors)	\$ 28.99

HANDHELDS

SANDWICHES

Served with potato sticks - All on Cuban bread

Cuban Sandwich Ham, roast mojo pork, smoked pork shoulder, swiss cheese, pickles, mustard, pressed on cuban bread	\$13.49
Croqueta Preparada Cuban sandwich + 2 OG ham croquetas	\$14.49
Medianoche Cuban sandwich pressed on sweet bread	\$12.49
Grilled Chicken Sandwich Grilled chicken breast, grilled onions, tomatoes, lettuce, mayo, pressed on cuban bread	\$13.49
Pan con Bistec Grilled steak, onions, tomatoes, potato sticks, pressed on cuban bread	\$13.49
Pan con Lechon Shredded pan fried roast mojo pork, garlic cilantro aioli, pressed on cuban bread	\$12.49
Pan con Vaca Frita Shredded pan fried mojo beef, garlic cilantro aioli, pressed on cuban bread	\$14.99
Pan con Vaca Frita de Pollo Shredded pan fried mojo chicken, garlic cilantro aioli, pressed on cuban bread	\$13.99
Pan con Croqueta 2 OG ham croquetas, swiss cheese, pressed on cuban bread (croqueta substitutions available)	\$ 8.99
Tostada Cuban pressed toast lathered in butter	\$ 2.99

CUBARRITOS

Cuban burrito mixed with your choice of protein

Vaca Frita Shredded pan fried flank steak, white rice, black beans garlic cilantro aioli, sweet plantains	\$15.49
Chicken Vaca Frita Shredded pan fried chicken, white rice, black beans garlic cilantro aioli, sweet plantains	\$14.49
Lechon Vaca Frita Shredded pan fried roast pork, white rice, black beans garlic cillantro aioli, sweet plantains	\$13.49
Croqueta Islas Canarias Ham Croquetas, white rice, black beans garlic cilantro aioli	\$12.49
Jack Fruit Ropa Vieja (Vegan) Shredded jack fruit in creole sauce, white rice, black beans garlic cilantro aioli, sweet plantains	\$15.49
Ropa Vieja Shredded flank steak in creole sauce, white rice, black beans garlic cilantro aioli, sweet plantains	\$15.49

TOSTONES PREPARADOS (3)

All topped with your choice of protein, pico de gallo
and garlic cilantro aioli

Vaca Frita	\$ 12.99
Vaca Frita de Pollo	\$ 11.99
Vaca Frita de Lechon	\$ 11.99
Picadillo	\$ 11.99
Ropa Vieja	\$ 12.99
All Ropa Vieja	\$ 13.89
Jack Fruit Ropa Vieja (Vegan)	\$ 12.99

LOADED FRIES

French fries topped with your choice of protein,
sweet plantains, pico de gallo, corn, garlic cilantro aioli,
aji amarillo, sweet chili mayo

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Picadillo	\$ 11.99
Ropa Vieja	\$12.99
All Ropa Vieja	\$13.89
Jack Fruit Ropa Vieja (Vegan)	\$12.99



BITES

EMPANADAS

Beef	\$ 4.09
Chicken	\$ 4.09
Ham and Cheese	\$ 4.29
Spinach and Cheese	\$ 11.99
Yuca bites	\$ 4.99

PASTRIES

Guava	\$ 3.09
Cheese	\$ 3.09
Guava and cheese	\$ 3.09
Lengüitas	\$ 1.75

MINI TEQUEÑOS

Tequeñito de Queso	\$ 1.75
Tequeñito de Guayaba y Queso	\$ 1.79
Tequeñitos de Queso (3)	\$ 4.99
Tequeñitos de Guayaba y Queso (3)	\$ 4.99

SOUPS AND CREAMS

Sopa de pollo (chicken soup)	\$ 12.99 ^{16oz}	\$ 11.99 ^{32oz}
Crema de malanga (cream of taro)	\$ 12.99	\$ 11.99

*Gluten-Free croquetas do not have a dedicated fryer.



ISLAS BOWLS & SALADS

Regular \$ 12.99 | Large \$ 14.99 | Canarias kidz bowls \$ 10.99

CHOOSE YOUR BASE

- White rice
- Congri (one side only)
- Brown rice
- Iceberg lettuce

CHOOSE YOUR PROTEIN

- Vaca Frita (+ \$2)
- Chicken Vaca Frita
- Lechon Vaca Frita
- Camarones Enchilados (+ \$2)
- Picadillo
- Croquetas (2)^{regular} (3)^{large}
- Ropa Vieja (+ \$2)
- Jack Fruit Ropa Vieja (+\$2)
(vegan)

CHOOSE YOUR SIDES (2)

Extra side + \$ 1.50

- Black Beans
- Maduros (sweet plantains)
- Tostones (fried green plantains)
- Mariquitas (plantains chips)

CHOOSE YOUR SAUCES (2)

Extra sauce + \$ 0.75

- Garlic cilantro aioli
- Aji amarillo
- Volcan canario (spicy)
- Sweet chili aioli
- Garden dressing vinaigrette

DRINKS

BEVERAGES

Bottled Water	\$ 1.99
Perrier	\$ 3.09
Malta	\$ 2.99
Coca Cola	\$ 2.79
Diet Coke	\$ 2.79
Coke Zero	\$ 2.79
Pepsi	\$ 2.79
Diet Pepsi	\$ 2.79
Pepsi Zero	\$ 2.79
Ginger Ale	\$ 2.79
Jupiña	\$ 2.79
Diet Jupiña	\$ 2.79
Materva	\$ 2.79
Diet Materva	\$ 2.79
Sprite	\$ 2.79
Ironbeer	\$ 2.79
Sunkist	\$ 2.79
Gatorade Yellow	\$ 3.49
Gatorade Red	\$ 3.49
Gatorade Orange	\$ 3.49

COFFEE

	REGULAR	LARGE
Colada	\$ 2.99	
Cortadito	\$ 3.07	
Iced Cuban Latte (16oz)	\$ 5.99	
Café con Leche	\$ 3.99	4.99
Capuccino	\$ 3.99	4.99

SHAKES AND JUICES (16oz)

Orange Juice	\$ 6.99
Watermelon Juice	\$ 6.59
Mamey	\$ 6.99
Trigo	\$ 6.99
Mango	\$ 6.99
Limonada Frappé	\$ 3.19
Malteada (12oz)	\$ 4.99

DESSERTS

Flan	\$ 4.99
Arroz con Leche	\$ 4.99
Natilla de Cafe	\$ 5.99
Café con Leche	\$ 3.99
Flan de Calabaza (seasonal)	\$ 4.99

CROQUETA COUNTY SHOP

Croqueta County T Shirt	\$25
Croqueta County Hat	\$35



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Full selection at www.croquetacounty.com